



The Intact Centre

Annual Report
2017 - 2018



Making a difference by being there

Welcome from Bill



In March 2018 we said goodbye to Ali Barkley, who took early retirement. Ali had been our grant-funding expert for as long as I have been involved with Intact, and her absence will take some getting used to. We owe her a huge debt of gratitude for all she did for Intact, right from

the early days.

The other big news for the year was the final acquisition of Dobcroft Nature Reserve. It was a long time coming, and involved a lot of legal work, sorting out things like access, but we finally did it. Now the path has been laid, and the volunteers, under Ray Sudlow's leadership, are starting to get fully involved in making this area not only a safe haven for the Great Crested Newt and all the other species, both flora and fauna, which the team have spotted on the Reserve, but also a major educational and leisure asset for the local community.

During the summer we celebrated the Ingol Jubilee, fifty years since the extensive house-building of the 1960s reached the part of Whitby Avenue where we are situated – and in September 2018 we will be celebrating the fiftieth anniversary of the opening of our two neighbouring schools, Holy Family and Ingol Community Primary. Around the same time, we spent some time re-thinking how best to operate Whitby's, which we had taken back into ownership at the start of the year.

After a short period when Whitby's was effectively closed, we have re-opened it with a new menu and new opening hours, from 10am each day, Monday to Friday – with free superfast wi-fi for our customers.

Some time was also spent towards the end of the financial year making sure we were fully compliant with the new General Data Protection Regulations (GDPR). This is particularly important since we have 'gone paperless' with the introduction of Office 365, and are now storing everything in the Cloud rather than on paper.

The accounts for the year show we made a loss of £24,098, compared with a loss of £1,946 the previous year. In fact, we have made losses in five of the last six years, adding to a combined loss of £57,084. Thank goodness we had built up reserves in the previous years, which have allowed us to absorb these losses: but right now we are well below the level of unrestricted reserves which we really need to tide us over the current economic situation, which has been so hard on so many charities.

The latest loss is concerning, but there is no cause for immediate alarm. If you look at the figures, you will see that depreciation charges amounted to £26,125 (which is not 'real' money going out of the business, but an accountancy measure involving reducing the value in our books, year by year, of our buildings and equipment); while we also took a one-off loss of £4,291 when we took Community Cogs (Whitby's) back into our ownership. In addition, we had one-off legal costs in connection with acquiring Dobcroft Nature Reserve and securing access, which contributed to an increase of £1,845 in Governance Costs. On the other hand, our Direct Costs (Charitable Activities), of which the biggest slice is people costs - wages and associated - were down by £26,383 – and this does not take into account Ali leaving us at the year end, which will show in next year's figures.

On the income side, we were down £43,624 compared with last year, with the main drop coming from grant funding bids which are getting harder to achieve all the time. In budgeting for 2018-19, we are taking a realistic view of what we think we can raise from funders and from our own efforts – including cafe takings, room hire, and running fund raising events; and balancing that off against our planned expenditure to try to ensure we at least break even. We have enough reserves in our Unrestricted Fund, at £24,005, to cover us if things don't work out quite as planned: but clearly we cannot afford another loss next year on the scale of this year's.

A handwritten signature in black ink that reads "Bill Shannon".

Bill Shannon
Chair of the Board



Welcome from Denise

Overview of the Year



Welcome to the 2017-2018 Annual Report

Another year has flown by and as you will see when you read this report, just what a busy year it has been. The staff team and our volunteers have been busy delivering a wide range of services and activities to serve the people of Ingol and Tanterton and to those that live a bit further afield such as Preston and the surrounding areas.

Intact is still in the fortunate position of being able to support a wide range of people with varying needs and abilities. This report gives an overview of how volunteers play such an integral part in helping Intact to carry out its mission. Our teams of volunteers are crucial in helping the staff to provide these much needed and valuable services. Whether it is through our Work Club and IT Suite, or helping to deliver our employment and digital inclusion programmes, or supporting people through our Drop-in, helping with our community activities and events, community garden and our recently acquired Nature Reserve, without our dedicated volunteers we would not be able to do what we do.

Throughout the year, and under the direction of the Board of Trustees my areas of work have included organisational development, some restructuring and moving our IT services to an online based platform, with the aim of increasing efficiency and effectiveness whilst reducing our overheads. The financial sustainability of Intact is always at the forefront of my mind, constantly looking at new ways to increase our own generated income to ensure that we can keep the centre open and continue to deliver the much needed services to the community. These are constant daily challenges, as securing grants are getting even more competitive as the cuts to local government filters down to community level, with even less money to go around.

Comings and Goings

It has also been a busy year, with the introduction of new programmes and new people joining our team. As Verity went on maternity leave to have her baby we welcomed both Elizabeth Hesketh as our new Activities Co-ordinator and Elizabeth Leeke as our new Digital Inclusion Mentor. We also said goodbye to Ali, who has now retired and we gave her a good send off, saying thank you for her 15 years of dedicated service.

Funded Programmes and Projects

This report tells you all about our current programmes and services such as our Reaching Communities Project and four Building Better Opportunities Employability Programmes: **1) Age of Opportunity, 2) Invest in Youth, 3) Changing Futures, 4) Digital Inclusion**, where you will read about the good work that is carried out by our great staff team. Other activities and services include programmes that deal with mental health and well-being, supporting people in crisis through the provision of our community supermarket and helping those that are neediest through our daily Drop-In, to name but a few.

Our Community Assets

We continue to look at ways of how best to make the most of our community based assets such as our community centre, and café, as well as our Multi-Use Games area and our new Nature Reserve. One thing we are confident of is that our volunteers will play a crucial role in ensuring they are utilised to their maximum potential. These will be our main areas of focus throughout 2018 and well into 2019 and beyond.

Thanks You's

I want to take this opportunity to thank all our funders, supporters, partners and other donors that have generously contributed both in kind and financially, all of which has enabled the continued provision of these excellent services described in this report.

I also want to say a huge thank you, to our trustees, staff and volunteers for their continued dedication, loyalty and support they give to the people that matter – our service users. Intact has a fantastic team which can truly be described as 'inspirational' which I am sure you will agree, when you have read how they continue to support the local community each day.

Denise Hartley MBE
Chief Executive Officer

Our Finances

Our income

From funders	£ 268,216
From our own activities	£ 74,740
Sundries	£ 3,120
Total income	£ 346,076

Our expenditure

Our projects and activities costs	£ 339,193
Various fees and depreciation	£ 30,981
Total expenditure	£ 370,174

Our balance sheet

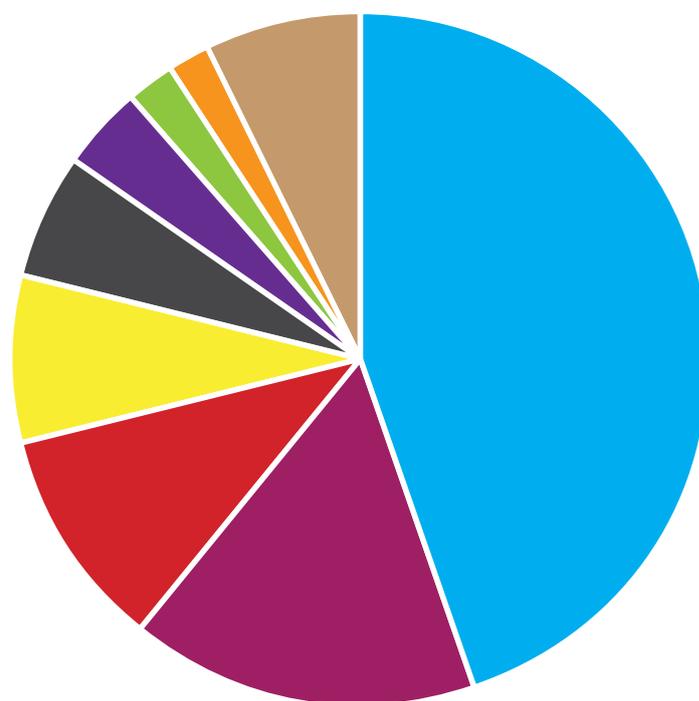
Fixed assets (the value of our building and its contents) plus investments	£ 790,198
Money owed to us, and cash in the bank	£ 74,582
LESS money we owed at the year end	£ 34,014
Total assets	£ 830,766

Last six years

Year to Mar 2013 LOSS of	£24,190
Year to Mar 2014 SURPLUS of	£13,314
Year to Mar 2015 LOSS of	£15,175
Year to Mar 2016 LOSS of	£4,989
Year to Mar 2017 LOSS of	£1,946
Year to Mar 2018 LOSS of	£24,098
Total last six years LOSS of	£ 57,084



Where the money comes from



◆ Big Lottery Fund	£114,480	44.9%
◆ Big Lottery and ESF (BBO)	£41,034	16.1%
◆ The Henry Smith Charity	£27,000	10.3%
◆ Postcode Lottery Trust	£20,000	7.8%
◆ People's Health Trust	£14,508	5.7%
◆ Preston City Council	£10,324	4.0%
◆ Good Things Foundation (UK Online)	£5,645	2.2%
◆ Holy Family Church (Nature Reserve) ...	£5,000	2.0%
◆ Other funders/unrestricted income	£17,197	7%

Total (Restricted Funds) £255,188

Our reserves

We have a Designated Fund of £28,095 set aside to cover the cost of redundancies, should the worst come to the worst. In addition to that, our main free reserve, called Unrestricted Funds in the Accounts, at the end of this year amounted to £24,005. This was down £9,836 on the previous year, mainly down because we again made a loss. We really need to have enough in these free reserves to tide us over for at least three months, in the event that our funding sources dried up completely. As our people costs alone amount to nearly a quarter of a million pounds a year, a safe level of reserves would be around £60,000. In the current state of the economy it is difficult, but we must still once again aim to make a surplus next year and each year for the next few years, to get our free reserves back up to that safer level.

Our vision and values



Our mission

Making a difference by being there

1. To support people to become actively involved in their community, and to develop local social capital and cohesion.
2. To provide high quality activities and services – contributing to the health, social and economic wellbeing of the community.
3. To enhance the local environment and provide high quality community facilities.
4. To achieve a strong, sustainable, reputable, and influential organisation, well connected to a broad range of partners.

Our values

We strive to be:

- Respectful
- Fair
- Honest
- Caring
- Inclusive

Our behaviours

We aim to make a difference by:

- Being friendly
- Being helpful
- Listening
- Communicating positively
- Putting people first

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Our trustees



Bill Shannon
Chair of the Board



Ray Sudlow
Trustee



Christine McCallum
Trustee



Malcolm Clarke
Trustee



Pauline Brown
Trustee



Jane Keith
Trustee



Liz Hesketh
Trustee



Richard Blackburn
Trustee

"I have been a Trustee and Board Members of Intact for about 10 years, ever since retiring from Preston College, where I was an Assistant Principal. In that time, due to the hard work of the Chief Executive, her Staff and the Volunteers, I have seen it develop and grow into a first class facility, supporting people from the Ingol and Tanterton community."

Malcom Clarke,
Trustee and Board Member

Our Trustees are the people who make up the membership of the Intact Board. They are responsible for the general management and administration of the charity providing guidance and support to the senior management team. As they are volunteers they give their time freely to benefit the community enabling Intact to continue to 'make a difference by being there'.

Our staff



Denise Hartley MBE
Chief Executive
Officer



Ali Barkley
Deputy Chief
Executive



Helen Dixon
Volunteer and Health
Lead



Steph Lees-Pinson
Training and
Employment Lead



Dave Brown
Employability Mentor



Lizzie Leeke-Tonks
Digital Inclusion
Mentor



Verity Griffiths
Health and Well-being
Co-ordinator



Liz Hesketh
Activities
Co-ordinator



Debra Fitzsimmons
Centre Support and
Advice Officer



Lynda Lockwood
Centre Administrator



Matthew Beck
Monitoring and
Evaluation Officer



Andrea Cooke
Catering Officer



Ron Giovino
Catering Assistant

Our numbers ...

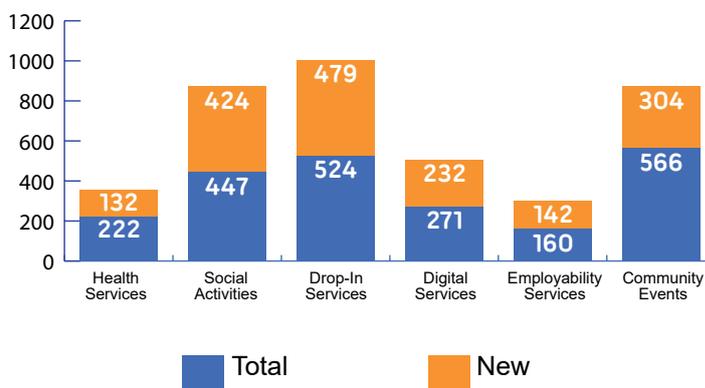
'Changing Lives Together..



Changing Lives Forever..'

We have now completed the second year of our 'Changing Lives Together .. Changing Lives Forever ..' project funded by the Big Lottery. You'll see our figures to date are impressive.

Number of Service Users accessing the different services between April 2017 and March 2018:



'Changing Lives Together...Changing Lives Forever..'

February 2016 - March 2018



Our numbers ...



NATIONAL
LOTTERY FUNDED

Our volunteers



Investing In Volunteers (IIV) Award

What is the IIV award?

IIV is the UK Quality Standard for good practice in volunteer management and demonstrates that Intact involves volunteers, by consulting with them and has volunteering at its heart. This award also tells our funders, other organisations, our current volunteers and potential volunteers, that Intact is a great place to come, as we invest in quality placements for our valued volunteers.

What does it involve?

There are six stages to the award

- Step 1: Getting started
- Step 2: Self-assessment
- Step 3: Development plan
- Step 4: Assessment visit(s)
- Step 5: Local and national quality assurance
- Step 6: Achievement of the award

Each stage takes time to ensure we provide all the necessary information and we need to back up our work with evidence, which comes from things like our Vision and Mission, our policies and procedures.

The staff team who work with volunteers will also be interviewed, some of the trustees will be interviewed, and the assessor will choose some volunteers to be interviewed too, so this is very thorough.

How long does it take?

The process from start to finish can take up to 12 months, however Intact will try and aim for nine months as this is the third time our Volunteer Manager has now taken us through the IIV process which lasts for a three year period.

“Intact gave me the opportunity to make friends, get to know the area, socialise and I could use my skills in my working career to give back to the community.”

“It is rewarding in that it gives me a ‘feel good’ feeling to be there for these people. I find being a volunteer at Intact has given me a new lease of life after retirement. .”
Patsy, Reception Volunteer

Our volunteers



Meet Barry - Why I volunteer

Once I had retired I decided I would like to give something back to the local community. I wanted to work outside, come along when I had free time rather than volunteer on fixed days or times, and be able to make a difference in the community. Intact ticked all of the boxes and more!

Why do I keep coming back?

I have been helping at Intact for over seven years and I have seen lots of changes in the building and personnel. You are always made to feel welcome and your contribution recognised. I started off gardening at the Centre, but I have also been involved in a range health and wellbeing activities including running sessions on healthy eating, stopping smoking, gardening and even cooking. More recently I have also been involved in the Nature Reserve that Intact have taken responsibility for. So there is always more to do, if you are willing to help.

What aspect of volunteering do I enjoy the best?

Working with children and families – showing them the benefits of being outside and appreciating nature in general and gardening in particular.

We currently have

80

volunteers at the centre doing a range of volunteering opportunities

- 4 Advice Champions
- 4 Catering Champions
- 4 Centre Support Champions
- 21 Community Champions
- 11 Digital Champions
- 5 Employability Champions
- 11 Health Champions
- 13 Flash Volunteers
- 7 Trustees

“As a volunteer I feel I am gaining confidence in myself and my own abilities which I felt I had lost.”

Janette,
Reception Volunteer

In the last two and a half years our volunteers have reported a noticeable improvement in their general health, mental well-being, social networks and an increase in confidence

90%
reported an improvement in their mental health

93%
reported an improvement in their social network

77%
reported an improvement in their physical health

85%
reported an increase in their confidence



Our service users

Building Better Opportunities



Meet Susan

Susan came to Intact after a period of four years out of work during which time she was caring for family and struggling with her health. She then decided it was time to look for work. Susan came to Intact for support in renewing her Blue Badge online.

After a warm welcome from staff and volunteers, Susan enrolled for IT lessons at the Centre and became a participant on 'Age of Opportunity'. During this time, she updated her CV, applied for jobs online and had a mock interview. A successful application to Our Lady's Catholic High School resulted in her gaining a temporary job as a Teaching Assistant.



Intact is a delivery partner in four Building Better Opportunities projects in Lancashire, providing coaching, mentoring and skills development for a diverse range of economically inactive or unemployed people from across Preston.

These projects will help transform the lives of disadvantaged people by providing support tailored to their individual needs and interests to overcome complex barriers. Such as no confidence or self-esteem; mental or physical health issues, housing or financial issues in order to move forwards into work, training or job search.

Susan says:
 "From first arriving at Intact, when I received a very warm welcome from all the staff, I looked forward to my Thursday visits to Intact – so much so, I would turn down offers to go out with friends on Thursdays. During the time my confidence and self-esteem grew. After a difficult four years I started to believe in myself again. I feel that gaining this job as a teaching assistant has been a major accomplishment and, whilst I hope my contract will be extended into the new academic year, I feel a lot more optimistic about the future! My journey at Intact has been excellent and the experience second to none.
 Something to remember for ever!
 Thank you."

"Since starting on Changing Futures, I feel that I have been listened to, and feel a lot more positive about my future, including completing a course and gaining work experience."
 Mark





**NATIONAL
LOTTERY FUNDED**



European Union
European
Social Fund

Our service users Building Better Opportunities

Our Training and Employment Team Steph, Dave and Lizzie, provide a range of a whole range of employability support including:

- 1-2-1 coaching and mentoring;
- advice and guidance;
- job search support;
- training and skills development;
- volunteering opportunities;
- confidence building; and more.

These projects run until December 2019, and we are currently half way through our three employability programmes.

Invest in Youth

for people aged 15 -25

We are currently working with **6** people. **2** have found employment and **1** has completed a University application.
(By the end of 2019 we will have worked with **12** people.)

Age of Opportunity

for people aged 50 plus

We are currently working with **15** people. **3** have so far found employment
(By the end of 2019 we will have worked with **12** people.)

Changing Futures

for people of any age with multiple barriers to finding work

We are currently working with **10** people which means we have already met our target for the end of 2019. **1** has so far found employment and **2** have moved into education.

ReachIT

ReachIT is the fourth and newest BBO programme operating in Lancashire. It focuses on improving people's confidence, self-belief and independence through learning and sharing digital skills.

This project is still in its infancy, but by the end of the project Intact aims to have improved the digital skills of 36 economically inactive or unemployed people from Preston, with **5** training needed to become a 'Digital Champion' and **7** becoming 'Digital Buddies.'



Digital Champion Training

Intact also won the contract to design the Digital Champion Training for the whole project. We also deliver the training across the whole of Preston, meaning that by the end of 2019, Intact will have trained **69** Volunteer Digital Champions, who will then be equipped to help others acquire digital skills.



Building Better Opportunities (BBO) in Lancashire

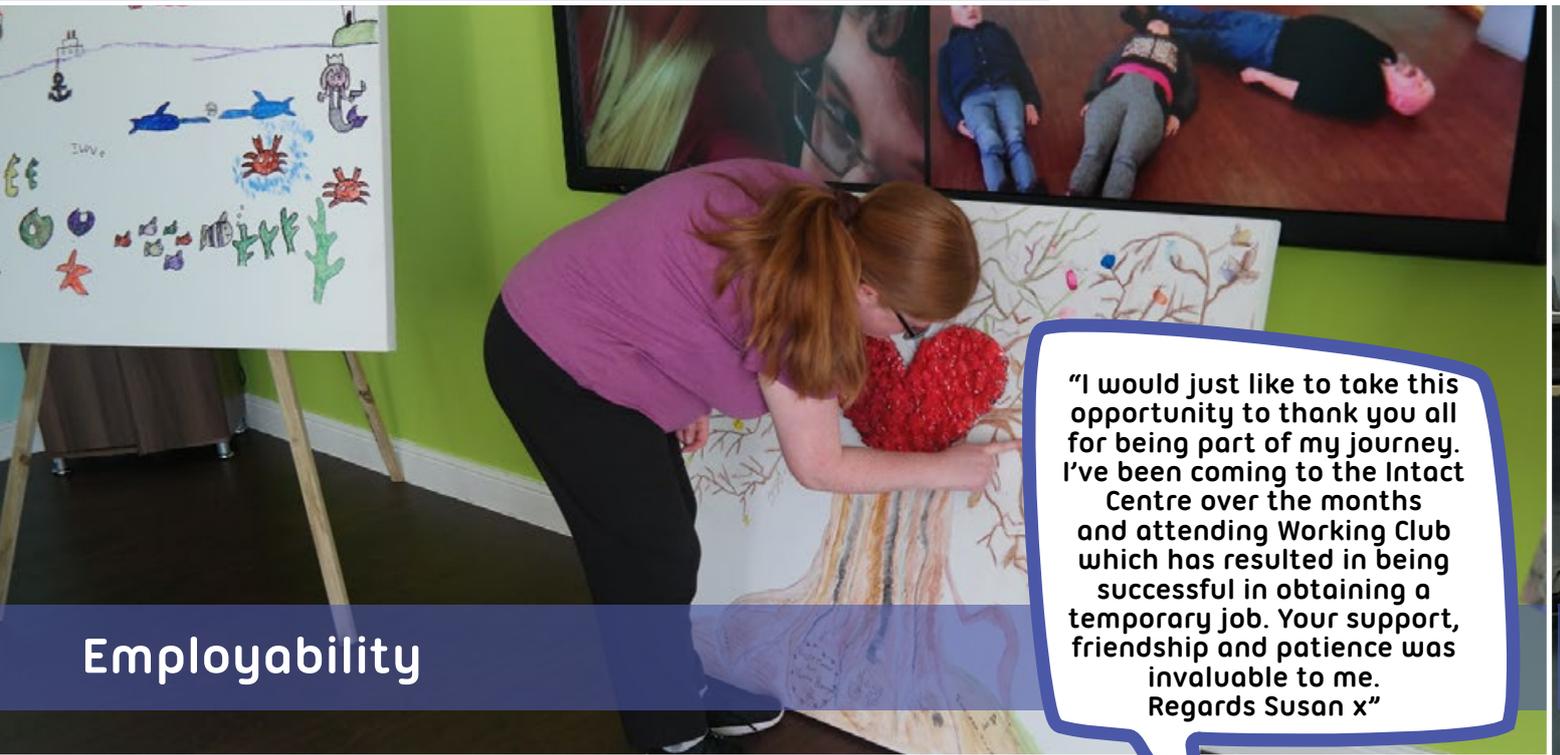
Building Better Opportunities is a nationwide programme funded by the European Social Fund (ESF) 2014-2020 and the National Lottery, through the Big Lottery Fund (BLF).

BBO is investing in local projects tackling the root causes of poverty, promoting social inclusion and driving local jobs and growth.

Services cover the whole county and delivery partners have been selected to meet the specialist needs of the people who will receive support.



Our service users



Employability

"I would just like to take this opportunity to thank you all for being part of my journey. I've been coming to the Intact Centre over the months and attending Working Club which has resulted in being successful in obtaining a temporary job. Your support, friendship and patience was invaluable to me.
Regards Susan x"

Intact provides a wide range of support services and learning opportunities to help people get 'Back into Work'. Including support in developing Online Job Skills, access to our twice weekly Work Club, volunteering opportunities to Work Academy and Employability Skills.

Our Employability Team of both staff and experienced volunteers, offer a range of specialist skills. Most importantly they are able to listen and help members create a personalised plan of action which will help them move forward.

Work Academy

Work Academy is funded by the Preston City Council, and includes:

Goal mapping, Confidence Building and Empowerment, One to one guidance, coaching and mentoring; identifying transferable skills. The chance for 'peer group' support and to build new friendships and importantly celebrating success.

21
unemployed people have gained confidence through our Work Academy

Creative Connections

'Creative Connections' was a pilot project around employability, aimed at two specific target groups: people with mental health issues and people in recovery. Its key aim was to develop a Social Action Project whilst increasing confidence and employability skills in a creative and innovative way. Enabling participants to integrate into mainstream activities, including volunteering, BBO projects, Work Club and employment.

13
unemployed people attended Creative Connections

26
unemployed people have been successful in finding employment

81
unemployed people accessed 1-2-1 support to complete initial assessment, produce action plans and develop a way forward in their quest for work

42
unemployed people have increased their employability through training and work experience

127
unemployed people have overcome barriers to work

64
people have increased their online employability skills

LLOYDS BANK FOUNDATION
England & Wales 



Our service users



"Thank you and all the staff for their help they have given me, first time I have been on a computer since I started the job and dont know when I will use one again so many thanks for your help."
Mark, now employed

Training and Skills

Future Digital Inclusion

Intact is passionate about reaching digitally excluded people. As a UK Online Centre we continue to support people in gaining a wide range of essential basic IT skills.



110
people have learnt basic IT skills and become more digitally included

148
people have accessed our IT services and/or received support for other purposes

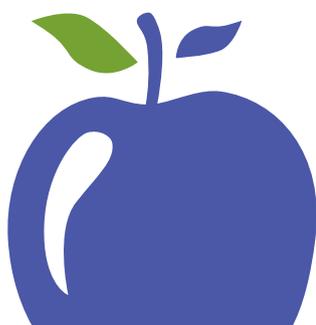
50
people have been given the tools to manage and save money online, for example: energy bills, insurance bills, online banking, budgeting and managing finances

20
people joined our online Family History Group (We are working in Partnership with Ingol Library)

27
people have received basic First Aid and defibrillator training

65
people have attended Talks and Workshops including local history and consumer advice

41
people have attended Creativity Workshops



Our service users



Drop-In Services

Drop-in

This service helps vulnerable adults to receive 1-2-1 intervention, guidance and support and help to access other agencies, such as a Food Bank, Welfare Benefits, providing a lifeline and hope for a better future.

Since March 2017

351

new people have accessed our drop-in service

384

new people have been supported through Direct Help

192

new service users have accessed information, advice and assistance using the right channel for their needs including face to face and online

Direct Help

This service was launched in March 2016, funded by the Big Lottery and in July 2016 we received funding from the **Henry Smith Project**.

We help vulnerable people, who are experiencing social inequality, to increase life skills, knowledge and confidence and to overcome their problems by offering advice guidance and support through a number of structured support sessions. We also signpost to other agencies such as Citizen's Advice, Welfare Benefits and DENW.

We aim to help disadvantaged people who are experiencing financial problems, to have increased skills and knowledge to manage their finances effectively by receiving specialist training and support.

Fitter Finances - Financial Inclusion

Our aim is to help more residents to have the skills to manage their finances effectively, with the ability to build up savings and access basic banking and appropriate insurance products.

We offer structured mentoring sessions, whereby we help people with budgeting, filling in tax returns, applying for bus passes, blue badges, helping to reduce energy bills/insurance costs etc.

Since March 2017

9

Money Champions have been created

84

new people have less unmanageable debts with 14 others receiving advice in debt issues

33

new people have been advised on how to budget and manage their finances effectively

20

new people have saved money on their energy costs

31

new people now have access to a transactional bank account and to use it to their advantage

Our service users



"I feel a bit more confident about the future and I am not afraid to ask for help from Intact."
James (Intact Survey)

Crisis Support and Community Food

Crisis Support Scheme

In November 2017, we received a grant of £3,000 from Lancashire County Council to become a District Partner in the **Crisis Support Scheme**. This enables us to provide food parcels to people in crisis who have been referred by Lancashire County Council Customer Access Service.

The food is provided by **Fare Share** and on referral we distribute it to people in crisis.

75

people have been referred to the scheme including:

16

people received additional support, such as applying for benefits, referrals to other more specialised agencies, and signposting to our own employability and support services

Community Supermarket

The Community Supermarket was launched in October 2017, with food supplied by Fare Share. An administration fee of £3 is charged for a bag of food and, since the launch.

99

new people have accessed our Community Supermarket

'Share It'

The 'Share-It Scheme' has been running since 2013, by the local, churches and helps people in the local area who are in need of food, clothing and household items. Service users come to Intact to receive a voucher which they then exchange for food at the 'Share It' food bank.

60

new have accessed the 'Share It' scheme



Food Co-op

We support 'Our Food Co-Op' which offers service users the chance to buy bags of locally sourced fruit, veg or salad for £4 per bag, which is ordered on a Wednesday and collected the following Wednesday.

30

new people have benefited from the service

Intact Food Hub

Intact has been involved in the proposed setting up of a 'Food Hub' at the Centre. This will enable people to purchase locally grown produce by ordering online and collecting from Intact.

Our service users



Health and Well-being

Verity had an amazing year with the Intact Centre and went off to have her beautiful daughter, and she is still enjoying her year's maternity leave, however she left some really good results and legacy's for Liz Hesketh to continue, and develop.

The Seasons Project

The Seasons Project was funded by The People's Health Trust and had numerous project outcomes, providing interest and diversity.

361

people have accessed activities through our 'Seasons Project'

Walking Group

Walking has been one of the most popular sessions that has been running, with walks at Haslam Park, Avenham Park, the Docks at Preston, trips out and more local walks, aimed at getting people out and about, and improving fitness.

Stop Smoking Service

The NHS trained our very own worker to run Smoking Cessation sessions here at the centre, which was a real asset.

"I get to see different places in Ingol and I enjoy everyone's company.
In fact, ... If it wasn't for Intact and the people, I don't think I would still be here in Preston!!
Walking Group Member



76

new people have attended indoor exercise sessions such as Aerobics and Yoga

44

new people have accessed our Chiropody services

41

new people have accessed the 'Quit Squad' to stop smoking

19

new people have accessed 'The Weigh Forward' for support to help loose weight

64

new people have joined the 'Walking Group'

36

people attended 'Cook and Eat' Sessions



Our service users

"I feel better in myself and a lot healthier. Appetite has increased."

Carol (Intact Survey)



Social Activities

92

new people have attended our friendship group 'The 1-2-3 Club'

74

new people have attended the Art and Craft Group including tutor led sessions

31

new people have attended Bingo

52

new people attended our 'Connect @ Community Chill Zone

133

new parents and toddlers have attended our Toddler Group

Toddler Group

With the cuts in support for young families, Verity began a Toddler and Parent group which is going from strength to strength. We have professionals who run child care businesses, who help to volunteer at these sessions, and bring their own children too. There is plenty of life in the centre each Friday morning which we love to see and hear.

"We love coming and I can see a real change in my son.....it's really improved his confidence."

Toddler Group Mum

The '1-2-3' Club

This weekly social group have had a full program of activities including lots of interesting speakers.

Bingo

The Bingo social sessions sadly came to an end at the end of the year, as we handed the reins over to the volunteer team to run independently by sourcing their own prizes, but sadly the group decided to dissolve these sessions.

Trips out

Blackpool illuminations, Bury Market, Sunderland Point, Morecambe and many more days out were arranged from the centre by our volunteer driver Peter Whitehead.

136
new people were taken on a trip out

Our community

#Celebrate



Intact enjoys, a great community gathering and this last year has been filled with amazing things for everyone.

Celebrating 50 years of Ingol and Tanterton

'Celebrate' was a funded project to aid the celebration of **50 years** of the development of the area, with Prof. Bill Shannon helping to research the areas progression. The event included a presentation by Mr Shannon who has a great interest in the local fauna and flora of the area. We were shown the original plans and how the community grew over the years.

Intact had a giant map so that local people could see their street, and colour where they lived and some residents could share stories.

These included accounts of their first day at school, the guild celebrations, and one lady was able to tell us about her house on Cottom Avenue being used as a small garden centre, where she grew and sold plants and veg. The housing estate grew around her, and is unrecognisable from 50 years ago.

Stall holders dressed up in the era of the 50's. Music was played, and the fun games children played were re-enacted such as marbles, hoops and ball games.

118
people joined in on
our celebrations



Easter Fayre

213 people joined us for our **Easter Fayre** and was supported by some amazing organisations, including **BAE**, and **FareShare** who donated hundreds of Easter Eggs, so we could distribute them to local families.

They were given out by our wonderful Chicken, who was **Damian** our fantastic volunteer who is also an IT whizz. Other activities included craft stalls from local crafters, food, face painting, henna art, arts and crafts.

Our community

Summer Fayre

The **Summer Fayre** was different this year, as we didn't have a parade, but still maintained the community feel with great activities and fun events, for local people to showcase their skills, such as singing by Community Voices, and dancing by the Morris dancers and a steel drum band, lead by Marcelle Butler who is a sessional support worker and volunteer at the Centre too.

Intact is also proud to support our wider community and have represented at other events across Preston, including, Preston Health Mela, Preston Mela, Preston Pulse, Moor Park Get Together and Preston Pride.

The Pumpkin Fest

The **Pumpkin Festival** was attended by **159** people and was great success due to the donations of the pumpkins from local supermarkets, and the great events such as 'Pimp my Pumpkin' held at Barton Grange, and Pumpkin carving sessions at the centre, where any waste was recycled.

Great thanks also extend to our supporters in **Friends of the Earth** apple pressing, **Let's Grow Preston's** Willow Weaving, a local **Master Bee Keeper Viki Cuthbertson** for bringing her local honey and other produce made from local bees, **Preston Dog Tricks** for dressing up their dogs. We were pleased to have Preston's **Mayor Brian Rollo** attend this event, alongside the fire service too.

Christmas Fayre

Intact's Christmas Fayre was attended by **133** people and was held as a small Christmas market theme with local sellers, and crafters having stalls, to sell their hand made goods. This was mixed with our staple activities of food, cakes, games, Santa clause giving our selection boxes which were again supplied by local supermarkets, and given out by one of Santa little helpers.

"A lovely little community centre with a big heart. I found my happy here, with so many different activities, I hope you will also find yours."
Heather



Proud of our community



Our nature reserve



Dobcroft

Background

As part of the Cottam Hall Development, a nature reserve was created, principally to enable the protection of Great Crested Newts and their habitat as they are listed as a European Protected Species. It was also designed to support a richly varied ecology, with the intention of it becoming a 'community asset'.

The reserve is over five acres in area and was transferred to Intact from Cottam Hall Properties. It preserves much of the existing vegetation except where new ponds have been created to ensure successful breeding by the Greater Crested Newts – something which has not happened for the last 10 years at least and would have led to the colony's extinction if the Nature Reserve had not been provided.

Our nature reserve

The name Dobcroft

Intact named the 'Nature Reserve' Dobcroft, after the name of two fields, from the old Tithe Map of 1838, which shows that the field on which Holy Family RC School was built (opened in 1968) and on which now our Nature Reserve is located – this field was called Nearer Dobcroft. The land was a former brown field site which is now beginning to transform into a small piece of nature within an urban area. Situated behind our centre it was handed to Intact because of the need for a natural space in the community for all to enjoy.

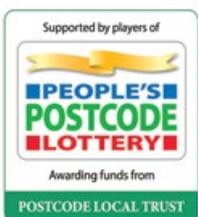
Postcode Local Trust

£20,000 was received from the Postcode Local Trust which has helped Intact deliver its 'first project' in the Nature Reserve. Within an urban community we wanted to build emotional connection with nature through hands-on learning in the five acre area of untouched wetland and woodland. Funding helped to build paths and dipping platforms and further plans include building and putting up bird boxes and bat boxes and putting together resources needed for a nature trail.

A practical conservation group has met to complete tasks such as clearing brambles and pond vegetation overgrowth and a nature club meets monthly to photograph and investigate wildlife and have recently produced a Nature Reserve Species Identification booklet.

Longer-term impacts

Future plans are to encourage and inspire individuals of any age through an innovative, long term, educational approach to outdoor play, learning and relaxing in a woodland environment. Dobcroft will give local people a chance to gain new experiences in the wild to help build their self-esteem, confidence and pride in what they have built. It will provide a haven for wildlife encouraging improved biodiversity in an urban environment; a focus for volunteering and community involvement; new skills in willow weaving, building wooden furniture, wildlife identification; a fixed nature trail with access to wildlife unaided and a way of getting active in the fresh air.



Thank you

Our funders and supporters

Our funders

Big Lottery - Reaching Communities - Life Changes Grant
Big Lottery - Celebrate Funding - Community Events
Big Lottery and European Social Fund - Selnets: Building Better Opportunities (BBO) - Age of Opportunity, Invest in Youth, Changing Futures; WEA: ReachIT
Central Lancs Operational Group (CLOG) - 123 Club
Co-Op Community Fund - Provision of four Tea Dances
Community Gateway - Summer Festival
Dandia Trust Foundation - Donation
Garfield Weston - Contribution towards core costs
Good Things Foundation (UK Online) Funding for delivery of LearnMyWay (Digital Skills)
Groundwork UK - One Stop Carriers for Causes
Henry Smith Charity - grant towards Centre Support and Advice Officer post
Lancashire County Council - Local Members Grant
Lloyds TSB Foundation - Creative Connections
People's Health Trust - Season's Project
Postcode Local Trust - Lends a Helping Hand - Our Nature Reserve
Preston City Council - Financial Inclusion and Work Academy
Rank Foundation - Contribution towards IT equipment

Our supporters and donations

APG Domestic Services, BAE Systems, Barry Mann, Bartle Hall, Barton Grange, Blackpool Pleasure Beach, Blackpool Zoo, Collins and Darwell Canvas Prints, Co-operative Store - Ingol, Councillor Bill Winlow, FareShare, Fired-4-U, Frankie and Benny's (Deepdale Retail Park, Friends of the Earth, Geetime Upcycling, Gill Davies - Bootstrap Accountancy, Greggs Bakery, GuideDotYou - Phil Parramore, Guild Merchant, Holy Family School, HST Window Cleaning, Jayne Dixon, Julie Lightfoot, Iain Mackie, Imperial Hotel Blackpool, In Kind Direct, Ingol Community Primary School, Intact Staff, Intact Trustees, Intact Volunteers, Jane Keith, Jane Rainford - JCR Designs, Janette Rigby, Lancashire County Cricket Club, Lancashire Wine School, Lane Ends Barbers, Let's Grow Preston, Mark Bryant, McDonalds - Riversway, Mayna's Zaiqa Catering, MFA Bowl Preston, Nandos, Peter Lockwood, Peter Whitehead, Preston Design and Print Centre, Preston Community Transport, Preston Dog Tricks, Preston North End, 'Running Pump' Pub - Catforth, Sandcastle Waterpark - Blackpool, Skipton Building Society, Sky Rise Window Clean, Slaters Menswear - Preston, 'Smith's Arms' Pub - Lea, Starbucks, Tesco Express Stores.



A big thank you from everyone at Intact for all your kindness and support.



Intact Centre
EST 1993



Number 49
at the Intact Centre
EST 2015



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