



The Intact Centre,
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NOVEMBER 2021

Mains - individually priced servings

| | | |
|---|---|-------|
| Greek Style Beef Moussaka | 2 | £3.00 |
| Gammon curry | 2 | £3.00 |
| Chicken Goulash | 2 | £3.00 |
| Chicken Satay | 2 | £3.00 |
| Cottage Pie | 2 | £3.00 |
| Mince Beef Cobbler | 2 | £3.00 |
| Chilli with beans & lentils (ve) | 1 | £1.25 |
| Mediterranean Vegetable & Tomato Pasta (ve) | 2 | £2.50 |
| Creamy Mushroom & Spinach | | |
| Stroganoff (V) | 2 | £2.50 |
| Veg Shepherds Pie | 2 | £2.50 |

V—suitable for vegetarians

Ve. Suitable for vegans

Soups

| | | |
|--------------------------|----------|-------|
| Roasted Pumpkin (V) | serves 1 | £0.75 |
| Carrot & Lentil Soup (V) | serves 1 | £0.75 |
| Grilled Vegetable (V) | serves 1 | £0.75 |

Desserts (£1.50)

| | |
|------------------------------|--|
| Serves 2 | |
| Pear & Pineapple Crumble (V) | |
| Fruit Crumble (V) | |
| Pineapple Fritters (V) | |
| Pear & Cinnamon Cake (V) | |
| Parkin (V) | |

